



WISHING WELL NURSERY = Weekly Menu Rota

WEEK 1 = W/C – 17th June + 8th July 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
SNACK <i>(Not provided for EARLY YEARS)</i>	Fromage frais with pear slices	Rice cake & apple slices	Cheese & crackers	Humus with vegetable sticks	Breadsticks & raisins
LUNCH	Lasagne with garlic bread	Roast chicken dinner	Vegetable casserole with crusty bread	Butter chicken curry with brown rice & mini poppadom's	Fish & chips with peas
DESSERT	Homemade apple crumble with custard	Chocolate mousse	Homemade strawberry cheesecake	Low fat strawberry yogurt	Ice cream nachos
TEA	Crumpets with jam or marmalade & banana	Ham or cheese sandwiches & cheese puffs	Pizza slices with orange segments	Fruit loaf with melon slices	Cheddar thins with grapes & cheese

- *Milk & water will be offered during BREAKFAST & SNACK mealtimes & water only being offered during LUNCH & TEA mealtimes.*
- *Vegetarian alternatives / allergies & dietary requirements will be catered for within all meals above.*



WISHING WELL NURSERY = Weekly Menu Rota

WEEK 2 = W/C – 24th June + 15th July 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
SNACK <i>(Not provided for EARLY YEARS)</i>	Apple slices with sweet biscuit	Scotch pancake with blueberries	Rice cakes & raisins	Fromage frais with orange	Pitta fingers with cucumber slices & cheese & chive dip
LUNCH	Jacket potato with tuna & salad or cheese & beans	Sausage & tomato ragu	Mixed bean chilli with rice & tortilla chips	Fish fingers, mash & beans	Crispy chicken wraps with sweet potato wedges & corn on the cob
DESSERT	Eton mess	Fromage frais	Flapjack	Homemade lemon drizzle cake	Rice crispy cake
TEA	Pizza Pinwheels with cucumber sticks	Croissants with biscuit spread & banana	Cheese wraps with cheese puffs	Ploughman's spread (crusty bread, ham, cheese & apple)	Tomato & basil pasta salad

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WISHING WELL NURSERY = Weekly Menu Rota

WEEK 3 = W/C – 1st July + 22nd July 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
SNACK <i>(Not provided for EARLY YEARS)</i>	Cheddar thins with grapes & cheese cubes	Sausage or cheese & onion roll & cucumber sticks	Breadsticks & raisins	Sweet biscuit with pear slices	Cheese twists & melon slices
LUNCH	BBQ chicken & bacon pasta salad	Sweet & sour mixed vegetables with rice & prawn crackers	Gammon, crispy cubed potatoes, green beans & bread & butter	Hot dogs with salad	Ham & mushroom carbonara with salad & garlic bread
DESSERT	Jelly & ice cream	Fruit salad with Greek yogurt	Brownie & berries	Yogurt & strawberry bites	Homemade chocolate chip cookies
TEA	Scones with dried apricots	Bagel thins with cheese spread & pepper sticks	Mixed pepper & salad rice bowl	Cheese & tomato pizza with chicken nuggets	Cheese & pickle cobs

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