



# WISHING WELL NURSERY = Weekly Menu Rota

WEEK 1 = W/C – 9<sup>th</sup> + 30<sup>th</sup> September + 21<sup>st</sup> October 2024

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b> <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>SNACK</b> <i>(Not provided for EARLY YEARS)</i>	Breadsticks & raisins	Rice cakes & apple slices	Cheese & crackers	Croissants and pear slices	Fromage frais with grapes
<b>LUNCH</b>	Spaghetti Bolognese	Fish & chips with peas	Sausage, potato croquettes and spaghetti hoops	Butter chicken curry with rice & mini poppadom's	Cheese and broccoli pasta
<b>DESSERT</b>	Ice cream cones with sauce	Banana mousse	Strawberry low fat yoghurt	Chocolate cake with strawberries	Shortbread with fruit
<b>TEA</b>	Hashbrowns and baked beans	Ham sandwiches & cheese puffs	Chocolate chip brioche with banana	Cheddar thins with grapes & cheese	Ham and cheese toastie wraps

- *Milk & water will be offered during BREAKFAST & SNACK mealtimes & water only being offered during LUNCH & TEA mealtimes.*
- *Vegetarian alternatives / allergies & dietary requirements will be catered for within all meals above.*



# WISHING WELL NURSERY = Weekly Menu Rota

WEEK 2 = W/C – 16<sup>th</sup> September + 7<sup>th</sup> + 28<sup>th</sup> October 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>SNACK</b> <i>(Not provided for EARLY YEARS)</i>	Apple slices with sweet biscuit	Scotch pancake with blueberries	Rice cakes & raisins	Fromage frais with orange	Toasted muffin
<b>LUNCH</b>	Meatballs, mash and gravy	Mixed bean chilli with rice	Ham, potato gratin, broccoli and carrots	Sausage and red pepper pasta	Shepherds pie with peas and carrots
<b>DESSERT</b>	Eton mess	Flapjack with raisins	Homemade lemon drizzle cake	Fromage frais	Rice crispy cake
<b>TEA</b>	Tomato & basil pasta salad	Fish finger sandwiches	Cocktail sausages, cheese, breadsticks, raisins	Croissants with Biscoff spread & banana	Pizza Pinwheels with cucumber sticks

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# WISHING WELL NURSERY = Weekly Menu Rota

WEEK 3 = W/C – 23<sup>rd</sup> September + 14<sup>th</sup> October 2024

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b> <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>SNACK</b> <i>(Not provided for EARLY YEARS)</i>	Cheddar thins with grapes & cheese cubes	Crumpets	Breadsticks & raisins	Sweet biscuit with pear slices	Cheese twists & melon slices
<b>LUNCH</b>	BBQ chicken and bacon pasta	Fish finger pie	Sausage plait with cubed potatoes, peas and gravy	Sweet & sour mixed vegetables with noodles	Lasagne & garlic bread
<b>DESSERT</b>	Banana split	Rocky road	Jelly & ice cream	Homemade Brownie with berries	Homemade chocolate chip cookies
<b>TEA</b>	Sausage rolls with vegetable sticks	Scones and orange segments	Cheese & tomato pizza with chicken nuggets	Ham/cheese rolls with pepper sticks	Meat/vegetable quiche with carrot sticks

- *Milk & water will be offered during BREAKFAST & SNACK mealtimes & water only being offered during LUNCH & TEA mealtimes.*
- *Vegetarian alternatives / allergies & dietary requirements will be catered for within all meals above.*