



# **WISHING WELL NURSERY = Weekly Menu Rota**

WEEK 1 = W/C – 4<sup>th</sup> + 25<sup>th</sup> November + 16<sup>th</sup> December 2024

	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>BREAKFAST</b> <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>SNACK</b> <i>(Not provided for EARLY YEARS)</i>	Breadsticks & raisins	Brioche with banana	Cheese & crackers	Croissants and grapes	Fromage frais with pear slices
<b>LUNCH</b>	Spaghetti Bolognese	Home made pizza, with waffles, peas and sweetcorn	Breaded fish & chips with peas	Butter chicken curry with rice & mini poppadom's	Sausage pasta with cheese
<b>DESSERT</b>	Ice cream cones with sauce	Strawberry low fat yoghurt	Banana's and custard	Chocolate orange sponge cake	Shortbread with fruit
<b>TEA</b>	Sausage sandwiches	Home made pan au chocolate and pineapple sticks	Jacket potato and baked beans	Cheddar thins with grapes & cheese	Ham sandwiches & cheesy shapes

- *Milk & water will be offered during BREAKFAST & SNACK mealtimes & water only being offered during LUNCH & TEA mealtimes.*
- *Vegetarian alternatives / allergies & dietary requirements will be catered for within all meals above.*



# WISHING WELL NURSERY = Weekly Menu Rota

WEEK 2 = W/C – 11<sup>th</sup> November + 2<sup>nd</sup> December 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>SNACK</b> <i>(Not provided for EARLY YEARS)</i>	Apple slices with sweet biscuit	Scotch pancake with blueberries	Rice cakes & raisins	Fromage frais with orange	Toasted muffin
<b>LUNCH</b>	Mixed bean chilli with rice	Sausage casserole with new potatoes	Salmon and pea pasta	Roast chicken, stuffing, Yorkshire pudding and carrots	Shepherds pie with peas and carrots
<b>DESSERT</b>	Fromage frais	Old school sponge	Fruit salad	White chocolate rice crispy cakes	Homemade lemon drizzle cake
<b>TEA</b>	Tomato & basil pasta salad	Fish finger sandwiches	Croissants with Biscoff spread & banana	Buffet style tea (cocktail sausages, cheese, breadsticks, raisins)	Cheese and bacon turnovers

- *Milk & water will be offered during BREAKFAST & SNACK mealtimes & water only being offered during LUNCH & TEA mealtimes.*
- *Vegetarian alternatives / allergies & dietary requirements will be catered for within all meals above.*



# WISHING WELL NURSERY = Weekly Menu Rota

WEEK 3 = W/C – 18<sup>th</sup> November + 9<sup>th</sup> December 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST</b> <i>(Fresh Fruit offered for EARLY YEARS only)</i>	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast	Cereals & Toast
<b>SNACK</b> <i>(Not provided for EARLY YEARS)</i>	Cheddar thins with cheese cubes	Toasted bagel	Breadsticks & raisins	Sweet biscuit with pear slices	Cheese twists & melon slices
<b>LUNCH</b>	Fishcake, cauliflower cheese and sweetcorn	Bbq chicken and bacon pasta	Vegetable casserole	Lasagne & garlic bread	Sausage plait with roast potatoes, peas and gravy
<b>DESSERT</b>	Rocky road	Homemade Jam tarts	Jelly & ice cream	Homemade gingerbread	Fruit salad
<b>TEA</b>	Sausage/cheese and onion rolls with crisps	Scones and orange segments	Chicken nuggets and beans	Cheese and bean melts	Ham/cheese rolls with sweet pepper sticks

- Milk & water will be offered during BREAKFAST & SNACK mealtimes & water only being offered during LUNCH & TEA mealtimes.
- Vegetarian alternatives / allergies & dietary requirements will be catered for within all meals above.